
VOTE SHANELLE for Leeds Children's Mayor!

Shanelle, St Patrick's Catholic Primary School

Shanelle wants to create a mental health support programme called 'Revive Leeds' to combat loneliness and isolation through social activities and clubs.



Shanelle's manifesto

If I was Children's Mayor of Leeds I would raise awareness on the impact of mental health among children and young people of Leeds. I will work with both schools and local communities to combat mental health issues through a project called 'Revive Leeds'.

This matter is important to the youth of Leeds because the post-pandemic period is crucial for our mental health recovery. The Covid-19 pandemic led to increased isolation, loneliness, fear, anxiety and stress among children. In addition, several families are struggling with the rise in the cost of living. This means that many children and young people in our society are likely to stay at home as

parents can't afford to pay for after school clubs or group activities. This can lead to mental and physical health challenges with an increased chance of developing diabetes, depression, anger outbursts and weight gain. Therefore, I hope to give young people the opportunity to de-stress and have fun with friends while making new friends. 'Revive Leeds' wants to create a fun atmosphere for children with the aim of improving children's mental health and wellbeing. With 'Revive Leeds', children will become happier, healthier and safer.

To address the issue of loneliness and isolation among children and young people, first we must focus on the needs of our youth. This therefore means that we should encourage children and young people to come together and build a relationship through activities they're passionate about. There needs to be more education about children's mental health and well-being, culture and identity. There needs to be more free activity clubs in schools and communities like art, chess and football clubs to normalise working together and socialising. Also, children need to be encouraged to be occasionally active with fun sports like cycling, ballet, running and dance so children can go out more and get fresh air to support them mentally and physically. Lastly, there needs to be more people just doing welfare checks on children, daily or weekly; how are you and so on. With these small changes in our society, we can make children and young people, especially those coming from different countries to feel much happier, healthier safer and much more welcome into our loving community.

Shanelle is the only Leeds Children's Mayoral candidate from a Catholic School.

Follow the link to VOTE SHANELLE!

<https://tinyurl.com/LCM2022VOTE>