

## The Rosary

*'I look to all of you, brothers and sisters of every state of life, to you, Christian families, to you, the sick and elderly, and to you, young people: confidently take up the Rosary once again. Rediscover the Rosary in the light of Scripture, in harmony with the Liturgy, and in the context of your daily lives'. Pope Saint John Paul II, Apostolic Letter, Rosarium Virginis Mariae (On the Rosary), 2002.*

When we say the Rosary, we pray five Mysteries for each of the five sections (decades). The Mysteries of the Rosary are according to the days of the week.

### **Mondays and Saturdays:**

**The Five Joyful Mysteries** centre on the infancy and the hidden life in Nazareth

1. The Annunciation
2. The Visitation
3. The Nativity
4. The Presentation
5. The Finding of the Child Jesus in the Temple

### **Thursdays:**

**The Five Luminous Mysteries** focus on the public life of Jesus. *(These mysteries were added in 2002 by Pope Saint John Paul II.)*

1. The Baptism of Jesus in the River Jordan
2. The Wedding Feast at Cana
3. The proclamation of the Kingdom of God and call to conversion
4. The Transfiguration
5. The Institution of the Holy Eucharist

### **Tuesdays and Fridays:**

**The Five Sorrowful Mysteries** recall Jesus' Passion and Death

1. The Agony in the Garden
2. The Scourging at the Pillar
3. The Crowning with Thorns

4. The Carrying of the Cross
5. The Crucifixion and Death of Jesus

### **Wednesdays and Sundays:**

**The Five Glorious Mysteries** centre on Jesus' resurrection from the dead, and the glories of heaven:

1. The Resurrection of Jesus
2. The Ascension of Jesus into Heaven
3. The Descent of the Holy Spirit on the Apostles
4. The Assumption into heaven of the Blessed Virgin Mary
5. The Coronation of Blessed Virgin Mary as Queen of Heaven

### **Saying the Rosary**

*As with all written forms of service for Catholic rites, the parts written in red (the rubrics) are information regarding what you DO, whereas what is printed in black is what you SAY.*

*On the Crucifix, make the Sign of the Cross*

In the name of the Father, and of the Son, and of the Holy Spirit. Amen

*Pray the Apostles' Creed*

I believe in God, the Father Almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father Almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

*On the large bead after the Crucifix, say the Lord's Prayer, for the Pope's intentions:*

Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who

trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

*On the next three beads, pray the Hail Mary for an increase of Faith, Hope and Love:*

Hail Mary, full of grace, the Lord is with thee: blessed art thou amongst women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

*On the chain or medal or bead, pray the Glory be:*

Glory be to the Father, and to the Son and to the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end. Amen.

*On the first large bead, pray the Our Father, meditating on the first Mystery...*

*On each of the ten following beads*

Hail Mary, full of grace, the Lord is with thee: blessed art thou amongst women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen

*On the chain*

Glory be to the Father, and to the Son and to the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end. Amen.

*After the Glory Be of each decade, the prayer given by Our Lady at Fatima in July 1917 may be said:*

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to Heaven, especially those in most need of Your Mercy.

*The next decade and next Mystery begins with the Our Father on the next large bead:*

Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

*After praying one decade for each of the five Mysteries of the day, end with the Hail, Holy Queen.*

Hail, holy Queen, Mother of Mercy! Hail, our life, our sweetness, and our hope! To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this vale of tears. Turn, then, O most gracious Advocate, thine eyes of mercy toward us; and after this our exile show unto us the blessed fruit of thy womb, Jesus; O clement, O loving, O sweet Virgin Mary.

Additional prayers

Let us pray.

O God, whose only begotten Son by His life has purchased for us the rewards of eternal life grant we beseech thee, that meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may both imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.

Prayer given by an Angel to the three children of Fatima in 1916.

My God, I believe, I adore, I hope, and I love You. I beg pardon of You for those who do not believe, do not adore, do not hope, and do not love You.

Memorare of St Bernard

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession was left unaided. Inspired by this confidence, I fly unto thee, O Virgin of virgins, my mother; to thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.