

Empowered by the Spirit: The Gift of Confirmation

Exploring Confirmation Together

3. The Gift of the Holy Spirit & the Gifts of the Holy Spirit

In this session we will be combining some of the material from Preparation Session 5 and from Preparation Session 6 to make one session. We will omit most of the material from Session 6.

You will need the 2 leaflets: Preparation Session 5 (The Gift of the Holy Spirit) and Preparation Session 6 (The Gifts of the Holy Spirit). We will cover some of the material from both leaflets. **Please do read through the rest of the material if you have time.**

You will also need to have the 2 cards for these sessions ready to take away to read and place on your Prayer Place when we have finished looking through the leaflets. The cards are *Lectio Divina* and *The 7 Gifts of the Holy Spirit*.

Open the leaflet for Session 5. Remove the activity sheet and place it to one side.

Begin to read through the leaflet from page 2.

Let us pray

- Make the Sign of the Cross
- Pray the opening prayer (***Come Holy Spirit***) together

Read:

1. The **passage from the Bible** together (from the Acts of the Apostles).
PAUSE to reflect for a few moments after you have read the passage and then talk together about any words or phrases which have stood out for you.
2. What **YOUCAT says**.
3. What it says in the outline of the lemon about **Kindness**.
4. The three paragraphs at the top of page 3 under the heading **The Holy Spirit fills us with the love of God**

Talk Together

Focus on one question only (**question 2**):

- What is the most powerful picture or image that comes into your mind when you think of the Holy Spirit?
- What other words or images would you use to describe the Holy Spirit?

Talk with one another about your answers to these questions.

Take up the **Activity Sheet Session 5**.

- **Read** what it says on the sheet
- **Choose** one of the activities to complete
- **Complete** your chosen activity in the space provided

Once you have completed the activity, place the Activity Sheet back in the leaflet to store it there.

Picture

Take a little time now to look closely at the picture on the front cover of the leaflet. As you look, think about these questions:

- What do you notice when you look at the picture?
- What does the picture make you feel or think about?
- What do you think this picture shows us about the Holy Spirit and the presence of the Spirit in our lives?

After 1-2 minutes of quiet looking, share with one another what you have been thinking about.

Read what the leaflet says about:

1. **Prayer** (on *Lectio Divina* at the end of page 3)
2. **St Damien of Molokai** (over the page on page 4)

Talk together about the questions on the bullet points:

- **How did St Damien show great kindness?**
- **Can you think of an example of how you can show kindness and put other people before yourself?**

Things to do at home

Read:

- Number 1 (about the saints)
- Number 3 (about praying *Lectio Divina*)
- Number 4 (about learning another part of *The Nicene Creed*)

Try to complete these activities before the next session.

Before we end the session, look at the leaflet for **Preparation Session 6**.

Preparation Session 6 Leaflet

Read what it says on:

- Page 2 in the outline of the bunch of grapes about **Goodness**.
- Page 3: the two paragraphs at the top of page 3 under the heading **Receiving the Gifts and Living the Fruits of the Holy Spirit**
- Page 4 under **Things to do at home**, read number 4 about learning another part of the *Nicene Creed*.

Look at the 2 cards which you have been given (*Lectio Divina* and *The 7 Gifts of the Holy Spirit*).

After the session, read through *The 7 Gifts of the Holy Spirit* card. Read the *Lectio Divina* bookmark and pray through a biblical passage in this way. Keep the cards in your Prayer Place and read them regularly.

Pray together. Read through the passage from the Acts of the Apostles again on page 2 of Preparation Session 5. Spend a few moments in silence reflecting again on this Sacred Scripture.

Finish by saying the **Glory be** together, a prayer which reminds us that we all share in the life and love of God who is Father, Son and Holy Spirit:

Glory be to the Father,
And to the Son,
And to the Holy Spirit.
As it was in the beginning,
Is now and ever shall be,
World without end.
Amen.

Stick the 'Kindness' and 'Goodness' stickers onto your Sticker Chart to show that you have completed this third session.