

Empowered by the Spirit: The Gift of Confirmation

Exploring Confirmation Together

1. The Gifts of the Father & the Gift of Baptism

In this session we will be combining some of the material from Preparation Session 1 and from Preparation Session 2 to make one session. We will omit most of the material from Session 2.

You will need the 2 leaflets: Preparation Session 1 (The Gifts of the Father) and Preparation Session 2 (The Gift of Baptism). We will cover some of the material from both leaflets. **Please do read through the rest of the material if you have time.**

You will also need to have the 2 cards for these sessions ready to take away to read and place on your Prayer Place when we have finished looking through the leaflets. The cards are *The Lord's Prayer: the Our Father* and *The Nicene Creed*.

Open the leaflet for Preparation Session 1. Remove the Activity Sheet and place it to one side.

Begin to read through the leaflet from page 2.

Let us pray

- Make the Sign of the Cross
- Pray the opening prayer (***Come Holy Spirit***) together

Read:

1. The **passage from the Bible** together (from the prophet Isaiah).
PAUSE to reflect for a few moments after you have read the passage and then talk together about any words or phrases which have stood out for you.
2. What **YOUCAT says**.
3. What it says in the outline of the apple about **Love**.
4. The three paragraphs on pages 2-3 under the heading **God made us and He loves us**.

OMIT the *Talk Together* section.

Instead, take up the **Activity Sheet Session 1** (with the image of a hand on it).

- **Read** what it says on the sheet.
- **Discuss** together some of the things that you love, value and appreciate about each other.
- **Write** down 5 of these things (one on each finger or thumb on the image of the hand).

Once you have completed the activity, place the Activity Sheet back in the leaflet to store it there.

Picture

Take a little time now to look closely at the picture on the front cover of the leaflet. As you look, think about these questions:

- What do you notice when you look at the picture?
- What does the picture make you feel or think about?
- What do you think this picture shows us about God's love for us?

After 1-2 minutes of quiet looking, share with one another what you have been thinking about.

Read what the leaflet says about:

1. **Prayer** (on *The Our Father* at the end of page 3)
2. **St Therese of Lisieux** (over the page on page 4)

Talk together about the 2nd bullet point (OMIT the 1st bullet point).

- **How can I follow the example of St Therese by showing God's love to my family, my friends and others I meet?**

Things to do at home

Read:

- Numbers 1 & 2 (about the saints)
- Number 4 (about the *Our Father*).

Try to complete these activities before the next session.

Read Number 6. You need to find a sponsor who will present you for Confirmation. Read what it says there about sponsors and think about whom you will invite to be your sponsor.

Before we end the session, look very briefly at the leaflet for **Preparation Session 2.**

Preparation Session 2 Leaflet

Read what it says on page 2 in the outline of the pear about **Joy**.

Look at the 2 cards which you have been given (*The Lord's Prayer* and *The Nicene Creed*).

After the session, read through *The Lord's Prayer* card and try to learn the first part of *The Nicene Creed* ('God, the Father Almighty') off by heart. Keep the cards in your Prayer Place and read them regularly.

Pray together the prayer Jesus gave us, the *Our Father*, to end the session and your time together.

Our Father, who art in heaven,
Hallowed be Thy name;
Thy kingdom come,
Thy will be done,
On earth as it is in heaven.
Give us this day our daily bread,
And forgive us our trespasses,
As we forgive those who trespass against us;
And lead us not into temptation
But deliver us from evil.
Amen.

Stick the 'Love' and 'Joy' stickers onto your Sticker Chart to show that you have completed this first session.