

Adoption & Fostering

Catholic Care

☎ 0113 388 5400

After Adoption Yorkshire

☎ 0113 230 2100

Abortion / Pregnancy Counselling

Life

☎ 0800 849 4545 (hotline)

British Victims of Abortion

☎ 0845 903 8501

Addiction

Al-Anon and Alateen

For family and friends of problem drinkers. 24 hr helpline

☎ 020 7403 0888

Alcoholics Anonymous

☎ 0113 245 4567

St Anne's Detox Centre

☎ 0113 243 4486

Gamblers Anonymous Helpline

☎ 08700 50 88 80

Base 10 – Turning Point (Drugs) 13-20 yrs & concerned parents

☎ 0113 243 3552

Drugs Helpline

☎ 0800 776600

Drug Information & Advice Service

☎ 0800 77 66 00

Gasped: for parents, carers and families of drug users

☎ 0845 146 0002

Bereavement

Beginning Experience

For those bereaved by separation, divorce or death of partner

☎ Maria 0113 261 2732

Association of Separated & Divorced Catholics

☎ 0113 264 0638

Compassionate Friends: For bereaved parents

☎ 01924 369 056 National Helpline 0845 123 2304

Child Death Helpline: For anyone affected by the death of a child

☎ 0800 282 986

Leeds Miscarriage Support Group

☎ 01924 826 537

Cruse

☎ 0113 234 4150; Day by Day Helpline 0870 167 1677

Rainbows : Children bereaved through separation, death or divorce

☎ 0113 261 8050 / 0791 351 5563

SOBS: for those bereaved by suicide

☎ 0870 2413 337 www.uk-sobs.org.uk

WAY (Widowed And Young)

rachel_green@yahoo.co.uk

Disability

Carers Freephone

☎ 0808 807 7777

Catholic Care

☎ 0113 388 5400

Faith and Light

☎ 0113 286 3224

Mencap

☎ 0113 235 1331

Catholic Deaf Association

Voice and minicom 0161 834 8828

Textphone 18002 0161 835 1767

Catholic Blind Services

☎ 0121 441 5577

Disability Alliance

☎ 020 7247 8763

Saneline

☎ 0845 767 8000

DIAL Disability Helpline

☎ 0113 214 3630

Eating Disorders

Youth Help

☎ 08456 347 650

Elderly

Age Concern Leeds

☎ 0113 245 8579

Family

Careline

Crisis counselling service for children or adults

☎ 020 8514 1177

Catholic Care School & Community service

Social work support for young people & families

☎ 0113 388 5400

Association of Interchurch Families

Helen & Richard Connell: 0113 252 9053

☎ National number: 020 7654 7251

National Missing Persons Helpline

☎ 0500 700 700

Care for the Family: Good resources for families

☎ 029 2081 0800/ www.careforthefamily.org.uk

Bethany Family Institute: resources for Catholic families

www.bethanyfamilyinstitute.com

HIV/Aids

Bridgeside: Information & Advice

☎ 0113 242 3204/0800 567 123 (free 24 hours)

Terence Higgins Trust

☎ 0113 236 4720

Catholics for Aids Prevention & Support

☎ 020 8986 0807

Marriage

Marriage Preparation: for engaged couples of all ages
www.flm.org.uk/Marriage

Marriage/Engaged Encounter: weekend enrichment
☎ 01423 322 876 / 0115 919 8486

Teams of Our Lady: local marriage support/enrichment
☎ 01642 827 993 / 01937 574 831/ www.teamsofourlady.org.uk

Natural Family Planning

☎ 0113 260 0844 / www.fertilitycarecentre.co.uk

Catholic Marriage Care: confidential relationship counselling

☎ 0113 261 8045 / 270 3940

Relate

☎ 0113 245 2595

Advice on Annulment issues: Leeds Diocesan Tribunal

☎ 0113 264 0638

Parent Support

Family Caring Trust (FCT): Easy to use parenting programmes
www.familycaring.co.uk

Gingerbread: For lone parents

☎ 0113 245 9580

Parentline Plus (including stepfamilies)

☎ 080 8800 2222

Family Service Unit

☎ 0113 248 4847

Homestart

☎ 0113 264 2419

Young Minds: Parents information service

☎ 0800 018 2138

Samaritans

☎ 0113 245 6789 (24 hrs)

☎ 08457 909090 (24 hrs)

Support for Children

Childline: Freephone for children

☎ 0800 1111

NSPCC

☎ 0800 800 500 (24 hours)

Anti Bullying campaign

☎ 020 7378 1446

Leeds Diocesan Child Protection Office

☎ 0113 261 8046

Victims of Crime

Victim Support Scheme

☎ 0113 271 3558 (S&W Leeds)

☎ 0113 239 2299 (NW Leeds)

☎ 0113 293 0199 (NE Leeds)

Child & Family Resource Unit: Support offender/victim

☎ 0113 392 6521/6103

Not all services listed here are Catholic services. Inclusion does not necessarily imply approval by the Diocese of Leeds.