



St Lucia
&
St Clare's
Catholic Primary
School

Prayers for Home

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Celtic Blessing

May the peace of the Lord Christ go with you wherever he may send you.

May he guide you through the darkest nights, protect you through the storm.

May he bring you home rejoicing at the wonders he has shown you,
may he bring you home rejoicing once again into our doors.

You may like to use the rest of the space to write any prayers that you and your child like.....

Foreword

Welcome to "Prayers for Home" - we hope that you will enjoy praying with your children at home as much as we do within our school community.

We believe that prayer is a shared experience, a conversation with God and that we all have our own way of 'talking and listening to God'. There is no 'right' way to pray!

We believe that the traditional prayers that are said regularly in our school parish community are important to pass on to our children. Please help your child to become familiar with them and enjoy the experience of praying together at home.

The Sign of the Cross

In the name of the Father and of the Son and of the Holy Spirit Amen

Actions to teach your child - with their right hand (touch forehead) - In the name of the Father, (touch heart) and of the Son (touch left shoulder) and of the Holy (touch right shoulder) Spirit (join your hands) Amen

You may wish to teach your child an alternative sign of the cross:

From my head to my heart, from my shoulder to my shoulder, I belong to God.

Morning Prayer

O my God you love me, you're with me night and day. I want to love you always in all I do and say. I'll try to please you Father, bless me through the day. Amen.

We have also included some of our own favourite prayers which you may like to use.

Guardian Angel

Angel of God, my guardian dear, to whom God's love commits me here, Ever this day be at my side, to light and guard, to rule and guide. Amen

Circle Me*

Circle me* O God and keep me safe

Circle me O God and love me.

Circle me O God and care for me

Circle me O God and be with me

* this could be used as a circle 'us' prayer

Spontaneous Prayers:

In addition to the traditional prayers that we say in school, we use everyday situations to 'talk to God'. For example, during the day we encourage children to say thank you to God. *Thank you God for a lovely day, thank you God for my family, thank you God for.....*

Night prayer is very important too. The close of the day is an opportunity to share a quiet time with your child/children and to thank God for the gifts or challenges of the day.

We hope you enjoy the experience of praying with your child.

Night Prayer

God our Father, I come to say thank you for your love today, thank you for my family and all the friends you give to me. Guard me in the dark of night and in the morning send your light. Amen

Prayer before meals

Bless us O God as we sit together, bless the food we eat today, bless the hands that make the food, bless us O God. Amen

Prayer after meals

Thank you God for the food we have eaten, thank you God for all my friends, thank you God for everything. Amen

The Our Father

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us and lead us not in to temptation but deliver us from evil. Amen

Hail Mary

Hail Mary, full of grace, the Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, Jesus. Holy Mary, mother of God, prayer for us sinners, now and at the hour of our death. Amen.

Glory Be...

Glory be to the Father and to the Son and to the Holy Spirit as it was in the beginning, is now and ever shall be, world without end. Amen.

Eternal Rest

Eternal rest grant unto them O Lord, and let perpetual light shine upon them, may they rest in peace. Amen

Prayers of Sorrow

Dear God, I am sorry if I have upset anyone today. Help me to try and be better tomorrow.

Or

O my God, because you are so good, I am very sorry that I have sinned against you and with your help I will try to be better.

