



Come & See Year 5 – Go Make Disciples

LECTIO DIVINA

LENT WEEK 1

1. Opening Prayer

In the name of the Father, and of the Son, and of the Holy Spirit. Amen

Come Holy Spirit, open our hearts and minds to receive the word of God. We ask this in Jesus' name. Amen

Prayer from the Mass for the First Sunday of Lent:



Let us pray at the beginning of Lent for the spirit of repentance: Lord our God, you formed man and woman from the clay of the earth and breathed into them the spirit of life, but they turned away from your face and sinned. In this time of repentance we call out for your mercy. Bring us back to you and to the life your Son won for us by his death on the cross, for he lives and reigns for ever and ever. Amen.

2. Reading the text: Ask someone to read the gospel. Allow time for silent reflection, then ask another person to read the same gospel (preferably a male if the first reader was female or vice versa).

A reading from the Gospel of St. Luke 4: 1-13

Filled with the Holy Spirit, Jesus left the Jordan and was led by the Spirit through the wilderness, being tempted there by the devil for forty days. During that time he ate nothing and at the end he was hungry. Then the devil said to him, 'If you are the Son of God, tell this stone to turn into a loaf.' But Jesus replied, 'Scripture says: Man does not live on bread alone.'

Then leading him to a height, the devil showed him in a moment of time all the kingdoms of the world and said to him, 'I will give you all this power and the glory of these kingdoms, for it has been committed to me and I give it to anyone I choose. Worship me, then, and it shall all be yours.' But Jesus answered him. 'Scripture says: You must worship the Lord your God, and serve him alone.'

Then he led him to Jerusalem and made him stand on the parapet of the Temple. 'If you are the Son of God,' he said to him 'throw yourself down from here, for scripture says: He will put his angels in charge of you to guard you, and again: They will hold you up on their hands in case you hurt your foot against a stone.' But Jesus answered him, 'It has been said: You must not put the Lord your God to the test.' Having exhausted all these ways of tempting him, the devil left him, to return at the appointed time.

3. Reflecting on the text

- Ponder the words and phrases in silence
- What kind of text is this? (parable, miracle, encounter, healing, teaching etc.)
- Look at the people and events in the story
- Speak out any words or phrases that strike you (without having to say why)

4. Participation: Moving from in that time (*in illo tempore*) to in this time (*in hoc tempore*), share your thoughts on:

- *What is the Lord saying to me through the text?*
- *What is the Lord saying in relation to issues in the Church, in the world, and in my life?*
- *Does the text inspire, console, question, direct?*

5. Finish the sentence: *In this passage God is...*

6. Praying out of the text: *Lord, in the light of this text...*

7. Conclude by praying the *Our Father*

